Societal Implications of Comparative Effectiveness Research & Personalized Medicine:

How Can We Keep the Debate Rational?

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"... [All] improvement is change, and human systems resist change...
[I]mprovement requires a source of tension, discomfort with the status quo, sufficient to overcome this inertia."



Public Perceptions: A Double-Edged Sword

Can be an Asset



Or a Liability



Primary Sources of Resistance

Those with ideological agendas, &



 Those fearing loss of a financial stake in the status quo



Keeping the Debate Rational

1. Re-frame the terminology

1. Emphasize "We've been doing it for years"

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2. Control the agenda & the momentum

1. Re-frame the Terminology: What's in a Name?

Comparative Effectiveness Research



- Term itself a lightning rod for controversy?
- Too easy to confuse w <u>cost</u> effectiveness?
- Too easy to demonize with the R-word?
- Patient Centered Outcomes Research
 Puts patient in the center literally
 - Undercuts allegation of one-size-fits-all, "cookbook medicine"



2. "We've Been Doing It for Years"

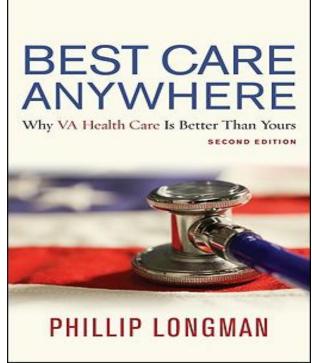
Clinical trials of new drugs & devices

"Adequate and well-controlled"

- Amendment to FDCA in 1962 established "adequate and well-controlled studies" as the basis for determining efficacy of new drugs
- 21 CFR 314.126, on active control studies: "Similarity of test drug and active control can mean either that both drugs were effective or that neither was effective."
- Further detailed in ICH E-9 and E-10

2. "We've Been Doing It for Years" (cont.)

 Veterans Administration health services



2. "We've Been Doing It for Years" (cont.)

Practice Guidelines





3. Control the Agenda & the Momentum

- Take proactive stance re getting value for money
 - Show "what works" (& what doesn't)
 - -Demonstrate cost saving potential
- Emphasize: patient-centered medicine + effectiveness data = better care for individuals